



Risk Assessment - Nightline

The nightline is a very safe activity. However because it uses trees and other natural objects it needs to be checked to ensure it is safe before each use. This is mainly because the trees can be damaged by the weather and this can result in loose or fallen branches which may cause a hazard.

The nightline activity is checked against the risk assessment below on a monthly basis by a Seven Springs representative (a record is kept, please contact info@7springs.org.uk if you wish to see a copy). However you **MUST** do your own risk assessment before you use the nightline activity as the situation may have changed due to weather conditions etc. You **MUST** complete the form below and leave it in the plastic wallet when you leave. If you need your own copy please contact the email address above and a copy will be sent to you. If you do not feel confident to undertake the risk assessment or are concerned about anything **DO NOT** use the nightline. If there is anything which requires attention please email the address above.

Venue: Seven Springs, Corks Lane, Disley SK12 2AZ	Updated on: 23 Feb 2025 Updated by: Ann Shackleton	Reason for review: nightline re-established	To be reviewed by: 22 February 2026
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Hazard	Risk	Initial Risk level	What you need to do	Residual risk level	Action Points and comments	Tick when done
Falling branches	Injury caused by falling branches	Medium	<ul style="list-style-type: none"> • Leader to check the course before use: <ul style="list-style-type: none"> ○ Check there are no loose or dislodged branches in any trees which are part of, or close to the course. If there are any loose branches that cannot safely and easily be removed, DO NOT USE THE COURSE ○ Check there is no evidence of recent wind damage to trees which are part of or close to the course. If you are unsure DO NOT USE THE COURSE ○ Check all trees and branches that participants will use to support and guide them are secure. Loose branches should be removed if safe to do so. If you are unsure DO NOT USE THE COURSE 	Low		

Hazard	Risk	Initial Risk level	What you need to do	Residual risk level	Action Points and comments	Tick when done
Blindfolded participants	Injury caused by participating in nightline activity with limited vision	Medium	<ul style="list-style-type: none"> Leaders to tell participants to walk with one hand on the rope and one hand in front to identify obstacles, and not to rush Leaders to explain to participants who are guiding others how to tell the blindfolded participant about hazards in good time and how to move past them 	Low		
Obstacles	Slips / Trips / Falls	High	<ul style="list-style-type: none"> Leaders should familiarise themselves with the obstacles that are part of the course. Leaders should brief participants that there are obstacles along the course that they will need to step over / around If using the course in the dark, all participants should have a torch for use while they are not actively completing the course 	Medium		
Uneven / muddy ground	Slips / Trips / Falls	Medium	<ul style="list-style-type: none"> Leaders check the ground for suitability before use if there has been recent rain Participants should wear trainers, walking boots or wellies Leaders to advise participants to take care as the ground is all uneven Participants should not go past the far end of the course where the ground is steep 	Low		

Completed by:

Date completed:

Group name:

Number of participants: