



Risk Assessment – Grass Sledging

Venue: Seven Springs, Corks Lane, Disley SK12 2AZ	Updated on: 30 March 2025 Updated by: Ann Shackleton	Reason for review: annual review	To be reviewed by: 29 March 2026
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Hazards Identified	Persons at Risk	Risks Identified	Initial Risk Rating	Control Measures	Residual Risk Rating
Lifting and carrying sledges	Participants	Injury caused by lifting beyond capability or not lifting safely	Low	<ul style="list-style-type: none"> Participants should work in pairs to carry sledges. Use correct lifting technique - knees bent, straight back 	Low
Riding sledges, trapped fingers in runners.	Participants and observers	Injury to hands or due to collision if steering is affected	Medium	<ul style="list-style-type: none"> Participants must be supervised by an adult Participants should be advised to: <ul style="list-style-type: none"> Keep hands inside sledge on the handles. Sit upright in sledge. 	Low
Collisions of sledges or with other participants	Participants and observers	Injury caused by collision	High	<ul style="list-style-type: none"> Leaders to: <ul style="list-style-type: none"> Only allow under 18s to ride in a sledge Ensure sledges are not left unattended Cancel session in case of wet weather Show participants how to steer and operate the brakes Only allow one person to ride in each sledge Only allow two sledges in motion at any time Ensure slope is clear before next sledge leaves the top Participants told to: <ul style="list-style-type: none"> Wear a helmet Walk back up the hill outside the sledge area 	Medium
Ground uneven following grass cutting or due to mole hills etc.	Participants and observers	Injury caused by collision, the sledge veering off course or tipping over	Medium	<ul style="list-style-type: none"> Participants must be made aware of bumps and uneven slope Sledge sessions must be cancelled if ground is too uneven Participants advised to wear helmets Only use the sledges on the designated area 	Low
Sledge equipment failure	Participants and observers	Injury caused by collision or other crashes	Medium	<ul style="list-style-type: none"> Leaders should visually check each sledge before and after each use and record any defects in notebook located with the helmets The Seven Springs Maintenance team will: <ul style="list-style-type: none"> lubricate and maintain sledges between each use ensure damaged sledges are not used until repaired record and repair any defects 	Low