



## Seven Springs Night Line Risk Assessment

The nightline is a very safe activity. However because it uses trees and other natural objects it needs to be checked to ensure it is safe before each use. This is mainly because the trees can be damaged by the weather and this can result in loose or fallen branches which may cause a hazard.

The nightline activity is checked against the risk assessment below on a monthly basis by a Seven Springs representative (a record is kept, please contact [info@7springs.org.uk](mailto:info@7springs.org.uk) if you wish to see a copy). However you MUST do your own risk assessment before you use the nightline activity as the situation may have changed due to weather conditions etc. You MUST complete the form below and leave it in the plastic wallet when you leave. If you need your own copy please contact the email address above and a copy will be sent to you. If you do not feel confident to undertake the risk assessment or are concerned about anything DO NOT use the nightline. If there is anything which requires attention please email the address above.

Hazards Identified	Persons at Risk	Risks Identified	Initial Risk Rating	Control Measures	Residual Risk Rating	Action Points and Comments	Tick if all in place	Date
Falling Branches	All	Injury caused by falling branches	M	Two Leaders to walk the course before girls approach the area. Check the following <ul style="list-style-type: none"> <li>No loose or dislodged branches in any trees which are part of or close to the course. If there are any loose or dislodged branches which cannot safely and easily be removed DO NOT USE THE COURSE</li> <li>No evidence of recent wind damage to trees which are part of or close to the course. If you are unsure DO NOT USE THE COURSE</li> <li>All branches and trees which participants will use to support and guide them are secure. Loose branches should be removed as in point 1 above. If you are unsure DO NOT USE THE COURSE</li> </ul>	L			

Obstacles which are part of the course	All	Injury caused by tripping over obstacles	M	Leaders to familiarise themselves with the obstacles which are part of the course. Participants should be briefed that there are obstacles along the course and advised about them whilst completing it by the person guiding them or their group. If you are using the course at night all participants should have a torch for use when they are not actually completing it	L			
Trees and branches	All	Injury caused by being blindfolded or using the course at night (walking into objects)	M	Participants should be briefed to be aware of trees and branches and should walk with one hand on the rope and one hand in front of their face to identify obstacles. The person leading the participant or their group should advise them of any hazards. If you are using the course at night all participants should have a torch for use when they are not actually completing it	L			
Mud/Wet Ground	All	Injury caused by slipping on wet or muddy ground	M	Leaders should review the course area and access to it before taking participants to ensure the ground is firm enough. Participants should wear trainers, walking boots or wellies to complete the course. The person leading the participant or their group should advise on any slippery or uneven areas to prevent trips and slips. If you are using the course at night all participants should have a torch for use when they are not actually completing it	L			

Completed By

Group name

Number of Participants

Risk Assessment Undertaken on 19<sup>th</sup> February 2018

To be Reviewed Before 18<sup>th</sup> February 2019