

Seven Springs Grass Sledging Assessment

Hazards Identified	Persons at Risk	Risks Identified	Initial Risk Rating	Control Measures	Residual Risk Rating
Lifting and carrying sledges	Participants	Injury caused by lifting beyond capability or not lifting safely	L	<ul style="list-style-type: none"> Participants work in pairs to carry sleds. Lift with knees bent, straight back. Use correct lifting technique 	L
Riding sledges, trapped fingers in runners.	Participants and observers	Injury to hands or due to collision if steering is affected	M	<ul style="list-style-type: none"> Care advised and participants told to keep hands inside sledge when riding. Keep hands on handles while the sledge is in motion. Advised to sit upright in sledge. Adult supervision. 	L
Collisions of sledges or with other participants	Participants and observers	Injury caused by collision	H	<ul style="list-style-type: none"> Await clearance of slope run before next sledges are released. Walk back up the side of slope. Maximum number of sledges in motion is two at any one time Participants advised to helmets Grass sledges not to be used in wet weather All participants to be shown how to steer and operate the brakes Only one person per sledge 	M
Slope uneven following grass cutting or due to mole hills	Participants and observers	Injury caused by collision or the sledge veering off course or tipping over	M	<ul style="list-style-type: none"> Participants aware of slope and bumps. Sledge sessions cancelled if grass is too uneven Participants advised to helmets Only one person per sledge 	L
Sledge equipment failure	Participants and observers	Injury caused by collision or other crashes	M	<ul style="list-style-type: none"> Broken sledges recorded, reported, and unused until repaired. Sledges should be checked before and after each use. Sledges to be lubricated and maintained by the Seven Springs Maintenance team 	L

Completed By Helen Salvini

Date

19th February 2016